



ST. MARTIN PARISH SCHOOL NUTRITION PROGRAM

October 2016 \* Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b> Chicken Nuggets Mac &amp; Cheese Pickled Okra Sliced Carrots Fruit Cocktail</p>	<p><b>4</b> Pizza Steamed Broccoli Sweet Potato Fries Peaches Garlic Breadstick</p>	<p><b>5</b> Sausage Link Beans &amp; Rice Coleslaw Pineapple Cup Cornbread</p>	<p><b>6</b> Nachos Cheese Sauce Popeye Salad Fresh Broccoli w/Ranch Fresh Fruit Cup WW Sugar Cookie</p>	<p><b>7</b> Tuna Salad/ or Sliced Roast Cracker/Bun Baked Potato Wedges Dill Pickle Fresh Fruit Cup</p>
<p><b>10</b> Pig N Blanket Pork N Beans French Fries Peach Halves</p>	<p><b>11</b> Crispy Chicken Pattie Cucumber Cup Spinach/tom/pickle slice Cup Banana Sliced Burger Bun WW Sweet Treat</p>	<p><b>12</b> Pork Stew Steamed Rice Blackeye Peas Pear Halves Corn</p>	<p><b>13</b> Spaghetti Sauce w/ Noodles Green Beans Popeye Salad Fresh Fruit Cup Garlic Breadstick</p>	<p><b>14</b> Parent Teacher Conference</p>
<p><b>17</b> Chili w/cheese Baked Potato Wedges Mixed Vegetables Apple Slices Hot Roll</p>	<p><b>18</b> Ham/Cheese Pockets Dill Pickle Tossed Salad Fruit Cup Angelic Brownies</p>	<p><b>19</b> Lasagna Corn Green Beans Grapes Garlic Bread Stick</p>	<p><b>20</b> Hamburger Tator Tots Spinach/Tom/Pickle Slice Fresh Fruit Cup Sliced Burger Bun</p>	<p><b>21</b> Beef Stew Steamed Rice Coleslaw White Beans Chilled Pears</p>
<p><b>24</b> Corndog Pickled Spears Sweet Potato Tots Chilled Peaches Hot Roll</p>	<p><b>25</b> Pizza Steamed Broccoli Carrot &amp; Celery Sticks w/Ranch Fruit Cup Snickerdoodle Cookie</p>	<p><b>26</b> Baked Chicken Rice Dressing Pork N Beans Cherry Tomatoes Fruit Cocktail</p>	<p><b>27</b> Chicken Fried Steak Sweet Potato Fries Popeye Salad Watermelon Hot Roll</p>	<p><b>28</b> Meatloaf w/Gravy Mashed Potatoes Lima Beans Fresh Orange Wedges Hot Roll</p>
<p><b>31</b> Pork Rib Pattie French Fries Pickled Okra Chilled Peaches Burger Bun</p>				