



ST. MARTIN PARISH SCHOOL NUTRITION PROGRAM

January 2017 * Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			5 Nachos Cheese Sauce Popeye Salad Fresh Broccoli w/Ranch Fresh Fruit Cup WW Sugar Cookie	6 Tuna Salad/ or Sliced Roast Cracker/Bun Baked Potato Wedges Dill Pickle Fresh Fruit Cup
9 Pig N Blanket Pork N Beans French Fries Peach Halves	10 Crispy Chicken Pattie Cucumber Cup Spinach/tom/pickle slice Cup Banana Sliced Burger Bun WW Sweet Treat	11 Pork Stew Steamed Rice Blackeye Peas Pear Halves Corn	12 Spaghetti Sauce w/ Noodles Green Beans Popeye Salad Fresh Fruit Cup Garlic Breadstick	13 Fish Pattie/ or Sticks Fresh Broccoli w/ Ranch Apple Slices Yams Roll
16 Martin Luther King	17 Ham/Cheese Pockets Dill Pickle Tossed Salad Fruit Cup Angelic Brownies	18 Lasagna Corn Green Beans Grapes Garlic Bread Stick	19 Hamburger Tator Tots Spinach/Tom/Pickle Slice Fresh Fruit Cup Sliced Burger Bun	20 Beef Stew Steamed Rice Coleslaw White Beans Chilled Pears
23 Corndog Pickled Spears Sweet Potato Tots Chilled Peaches Hot Roll	24 Pizza Steamed Broccoli Carrot & Celery Sticks w/Ranch Fruit Cup Snickerdoodle Cookie	25 Baked Chicken Rice Dressing Pork N Beans Cherry Tomatoes Fruit Cocktail	26 Chicken Fried Steak Sweet Potato Fries Popeye Salad Watermelon Hot Roll	27 Meatloaf w/Gravy Mashed Potatoes Lima Beans Fresh Orange Wedges Hot Roll
30 Pork Rib Pattie French Fries Pickled Okra Chilled Peaches Burger Bun	31 Turkey PoBoy Spinach/Tom/Pickle Slice Broccoli w/Cheese Fresh Fruit Oatmeal Cookie			

Lowfat and Skim milk offered daily